

School Impact Report



Introduction

Student Ambassador: Stella Rweyemamu
s04976@ishcmc.edu.vn

School: International School of Ho Chi Minh City

Location: Ho Chi Minh City, Vietnam

Reporting Period: January 2026 - March 2026

Impact in Numbers



8

Number of
Student Advisory
Board Members



2

Number of
solutions
implemented



800

Number of
individuals
impacted

Solutions Implemented

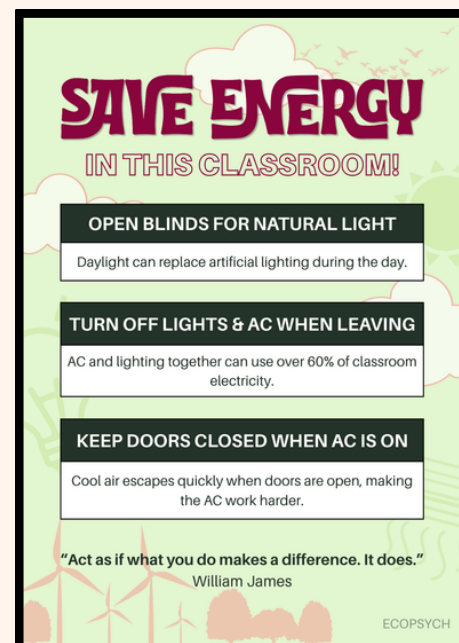
#1 Scrap Paper Reuse Initiative

- Problem Observed: Large amounts of paper were being wasted in classrooms. Many handouts were printed when digital alternatives could have been used, and sheets that had only been used on one side were often thrown away. Scrap paper accumulated around classrooms, showing that paper was frequently treated as disposable despite the resources required to produce it.
- Psychological Insight Applied: Default Effect
- Solution Implemented: Installed 4 recycling boxes on each floor and encouraged students and teachers to use projectors, iPads, laptops, and other digital platforms when physical handouts were unnecessary. Teachers were encouraged to ask students whether printed copies were needed before distributing them. Students were also encouraged to make greater use of digital resources where appropriate. In addition, wastepaper baskets were suggested for classrooms to collect single-sided sheets that could be reused for notes, drafts, and classroom activities before being recycled.



#2 Saving Energy at School

- Problem Observed: Many classrooms remained fully lit during the day, even when there was enough natural sunlight to comfortably illuminate the room. This resulted in unnecessary electricity use and increased energy consumption. Observing lights left on during bright school hours highlighted an opportunity to reduce waste through a simple behavioural change.
- Psychological Insight Applied: Nudge Theory
- Solution Implemented: Encouraged the use of natural daylight in classrooms whenever possible by suggesting that lights be turned off during bright daytime hours. To reinforce this behaviour, one reminder poster was installed in every classroom across all four floors above the light switch and air conditioning controls. These posters encouraged students and teachers to be mindful of their energy use and how they leave classrooms when not in use.



School Event



- Date: April 14th 2026
- Organised a sustainability awareness workshop for 10 Grade 7 students to promote simple actions that can reduce environmental impact in everyday life
- Introduced students to EcoPsych and explained how behavioural changes can contribute to a more sustainable school community
- Delivered a short lesson on plant care, covering topics such as watering, sunlight, soil, and maintaining healthy plants.
- Students designed and painted their own plant pots before planting seeds and applying the skills they had learned during the workshop.
- Students enjoyed the combination of learning and creativity and were excited to create their own personalised plant pots. Many participants said they enjoyed learning how to care for plants and appreciated having a plant to continue looking after after the event.

Testimonials

"It has been really fulfilling and rewarding to see the positive impact that this project has had on the ISHCMC community. Through initiatives such as reducing paper waste, encouraging energy conservation, and running the planting workshop, students were given opportunities to learn about sustainability in practical ways."

– Zara Blache-Fraser, Member of Student Advisory Board

I enjoyed taking part in the ecopsych activities because they helped me understand how everyday actions can affect the environment. The planting workshop was my favourite part because I learned how to care for a plant and got to create my own pot."

– Helena Simic, 7th Grade Student

Testimonials

"The project provided students with valuable opportunities to learn about sustainability through practical and engaging activities. The initiatives were simple, realistic, and relevant to the school environment. It was encouraging to see students take an active role in promoting positive environmental habits and raising awareness among their peers."

– Dexter Sinclair, Dean of Students, ISHCMC